Christ Church Cathedral
Oxford

The Tenth Sunday after Trinity
Sunday 16 August 2020
Preparing for Worship

Welcome to this audio broadcast service from Christ Church. As we come into God’s presence, dedicating our time to worship, we hear God’s promise to come to meet us. As the world’s needs continue to loom so large, our response as the people of God is to continue to worship, to praise God, and to pray for the healing of the world and its people.

Eucharist this morning is celebrated by the Revd Philippa White and our preacher is Canon Professor Carol Harrison. Music has been recorded by our Lay Clerks in their homes, by boys from the Cathedral School before the closure of schools, by our Cathedral Choir in previous years, and by our Sub-Organist, Benjamin Sheen. Responses are made by voices from around the Cathedral community, recorded in their homes and with their families.

Entering into worship through audio broadcast is more familiar to some of us than to others. If this is new to you, try to actively share in the service, not just have it on in the background; and join in the words in bold. Find a comfortable position that helps you to pray, and to receive the love of God in your heart. As we listen, we are united in worship and prayer despite the distance between us. Please continue to pray for one another, as we at Christ Church continue to pray for you.

May God bless you as we worship together.

You can find our Sunday worship, alongside other resources for worshipping at home, at www.chch.ox.ac.uk/onlineworship

Music before the service

Invitatoire de la Feste-Dieu
Louis Couperin

recorded by the Organist
Steven Grahl
The Gathering

President In the name of the Father, and of the Son, and of the Holy Spirit.
All Amen.

President The Lord be with you
All and also with you.

The President welcomes the congregation.

Confession

You may like to adopt a prayer posture such as sitting with your head bowed, as we remember our brokenness and call to mind our sins.

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God’s commandments and to live in love and peace with all.

All Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.
Kyrie

Kyrie, eleison.  Lord, have mercy.
Christe, eleison.  Christ, have mercy.
Kyrie, eleison.  Lord, have mercy.

Absolution

President  Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All  Amen.

Gloria in Excelsis

Gloria in excelsis Deo.
Et in terra pax
hominibus bonæ voluntatis.

Gloria in Excelsis  Glory to God in the highest,
and peace to his people on earth.

Laudamus te, benedicimus te,
adoramus te, glorificamus te.
Gratias agimus tibi
propter magnam gloriam tuam,
Domine Deus, Rex cœlestis,
Deus Pater omnipotens.

Laudamus te, benedicimus te,
adoramus te, glorificamus te.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Domine Fili unigenite, Jesu Christe,
Domine Deus, Agnus Dei,
Filius Patris,
qui tollis peccata mundi,
miserere nobis.
Qui tollis peccata mundi,
suscipe deprecationem nostram.
Qui sedes ad dexteram Patris,
miserere nobis.

Domine Fili unigenite, Jesu Christe,
Domine Deus, Agnus Dei,
Filius Patris,
qui tollis peccata mundi,
miserere nobis.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated
at the right hand of the Father:
receive our prayer.
Quoniam tu solus Sanctus; tu solus Dominus; tu solus Altissimus, Jesu Christe, cum Sancto Spiritu in gloria Dei Patris. Amen.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

President Let us pray.

Silence is kept.

President Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All Amen.
A reading from the Letter of St Paul to the Romans.

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Reader  This is the word of the Lord.
All    Thanks be to God.
Deacon  Hear the Gospel of our Lord Jesus Christ according to Matthew.  
All  Glory to you, O Lord.

Then Jesus called the crowd to him and said to them, ‘Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.’ Then the disciples approached and said to him, ‘Do you know that the Pharisees took offence when they heard what you said?’  He answered, ‘Every plant that my heavenly Father has not planted will be uprooted.  Let them alone; they are blind guides of the blind.  And if one blind person guides another, both will fall into a pit.’  But Peter said to him, ‘Explain this parable to us.’  Then he said, ‘Are you also still without understanding?  Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer?  But what comes out of the mouth proceeds from the heart, and this is what defiles.  For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander.  These are what defile a person, but to eat with unwashed hands does not defile.’

Jesus left that place and went away to the district of Tyre and Sidon.  Just then a Canaanite woman from that region came out and started shouting, ‘Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.’  But he did not answer her at all.  And his disciples came and urged him, saying, ‘Send her away, for she keeps shouting after us.’  He answered, ‘I was sent only to the lost sheep of the house of Israel.’  But she came and knelt before him, saying, ‘Lord, help me.’  He answered, ‘It is not fair to take the children’s food and throw it to the dogs.’  She said, ‘Yes, Lord, yet even the dogs eat the crumbs that fall from their masters’ table.’  Then Jesus answered her, ‘Woman, great is your faith!  Let it be done for you as you wish.’  And her daughter was healed instantly.

Deacon  This is the Gospel of the Lord.
All  Praise to you, O Christ.

Reflection  
Canon Harrison

You can find the text of the reflection at www.chch.ox.ac.uk/onlineworship.
After the reflection, we keep silence together for a few moments before affirming our faith together in the words of the Creed – words which have been said across the world for over fifteen hundred years in times of sorrow and of joy.

The Nicene Creed

**All**

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary
and was made man.

For our sake he was crucified under Pontius Pilate;
his suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of Intercession
led by Canon Foot

Minister Let us pray.

You may like to adopt a prayer posture with your hands open and lifted up to God as we hold out all the prayers of our hearts to him.

Minister Lord, in your mercy
All hear our prayer.

The prayers end with:

Minister Merciful Father,
All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.
The Liturgy of the Sacrament

The Peace

President Christ is our peace.
He has reconciled us to God in one body by the cross.
We meet in his name and share his peace.

President The peace of the Lord be always with you
All and also with you.

We know that Christians have shared a sign of peace since the very earliest days of the Church. In these times, it may seem strange to ‘share the Peace.’ But peace is from the heart and from God. God’s peace in the Spirit moves among us and unites us, physically distanced yet one in the Body of Christ.
There’s a wideness in God’s mercy,  
like the wideness of the sea;  
there’s a kindness in his justice  
which is more than liberty.  
There is no place where earth’s sorrows  
are more felt than up in heaven;  
there is no place where earth’s failings  
have such kindly judgment given.  

For the love of God is broader  
than the measures of man’s mind;  
and the heart of the Eternal  
is most wonderfully kind.  
But we make his love too narrow  
by false limits of our own;  
and we magnify his strictness  
with a zeal he will not own.  

There is plentiful redemption  
in the blood that has been shed;  
there is joy for all the members  
in the sorrows of the Head.  
There is grace enough for thousands  
of new worlds as great as this;  
there is room for fresh creations  
in that upper home of bliss.  

If our love were but more simple,  
we should take him at his word;  
and our lives would be all gladness  
in the joy of Christ our Lord.

Words: FW Faber (1814–63)  
Music: Corvedale, Maurice Bevan (1921–2006)
Preparation of the Table

President Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours. All things come from you, and of your own do we give you.

The Eucharistic Prayer

President The Lord be with you
All and also with you.

President Lift up your hearts.
All We lift them to the Lord.

President Let us give thanks to the Lord our God.
All It is right to give thanks and praise.

President It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ your Son our Lord.

For he is your living Word; through him you have created all things from the beginning, and formed us in your own image.

Through him you have freed us from the slavery of sin, giving him to be born of a woman and to die upon the cross; you raised him from the dead and exalted him to your right hand on high.

Through him you have sent upon us your holy and life-giving Spirit, and made us a people for your own possession. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing: 

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Sanctus, sanctus, sanctus
Dominus Deus Sabaoth: 
pleni sunt cœli et terra gloria tua.
Hosanna in excelsis.

Benedictus qui venit 
in nomine Domini.
Hosanna in excelsis.

President Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.
Deacon  Great is the mystery of faith.
All    Christ has died.
Christ is risen.
Christ will come again.

President Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit,
inspire us with your love
and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

All    Blessing and honour and glory and power
be yours for ever and ever.
Amen.
In times of hope, in times of trouble, 
in times of sorrow, in times of praise, 
as our Saviour taught us, so we pray:

Our Father in heaven, 
hallowed be your name, 
your kingdom come, 
your will be done, 
on earth as in heaven.
Give us today our daily bread. 
Forgive us our sins 
as we forgive those who sin against us. 
Lead us not into temptation 
but deliver us from evil. 
For the kingdom, the power, 
and the glory are yours 
now and for ever.
Amen.

The President breaks the consecrated bread.

Lamb of God, 
you take away the sin of the world, 
have mercy on us.

Lamb of God, 
you take away the sin of the world, 
have mercy on us.

Lamb of God, 
you take away the sin of the world, 
grant us peace.
Invitation to Communion

President     
Blessed be God,  
by whose grace creation is renewed,  
by whose love heaven is opened,  
by whose mercy we offer our sacrifice of praise.  
Blessed be God for ever.

Wherever we are, Jesus comes to meet us. God promises that, even when we are unable to receive bread and wine physically, by the power of the Holy Spirit we will still be fed with the body and blood of Jesus, with the spiritual food and drink that can strengthen and sustain us through all the pain, trouble and difficulty we may face. So now, Jesus invites us to receive him in our hearts by faith; to unite our prayers and our wills with his; and to rest in his perfect and eternal love.

There are no special words or prayers for this. All the Church has ever thought necessary is true desire, lively faith and genuine love. So you are invited to come honestly before God the way you know how. You may like to close your eyes, or to look at a picture; to pause the recording, or to listen to the music; to keep silence, or to pray one of the following prayers:

In union, O Lord with the faithful at every altar of thy Church, where the Holy Eucharist is now being celebrated, I desire to offer thee praise and thanksgiving. I present to thee my soul and body with the earnest wish that they may always be united to thee. And since I can not now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself to thee, and embrace thee with all the affections of my soul. Let nothing ever separate thee from me. May I live and die in thy love. Amen.

Lord, you stand at the door of my heart and knock. You wait for me and only I can let you in. I believe and trust in you and ask you now to fill me with your presence. Feed me with your body and unite me in your blood, that I may be your blessing to a world in need. Amen.
As we rest in the presence of Christ all around us, the Agnus Dei is sung.

**Agnus Dei**

Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.  
Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.  
Agnus Dei,  
qui tollis peccata mundi,  
dona nobis pacem.

Lamb of God,  
you take away the sin of the world,  
have mercy on us.  
Lamb of God,  
you take away the sin of the world,  
have mercy on us.  
Lamb of God,  
you take away the sin of the world,  
grant us peace.

**Prayer after Communion**

President  
Let us pray.

Lord,  
you give yourself to us  
and we have received your life.  
By the power of your Spirit  
keep us always in your love;  
through Jesus Christ our Lord.  
Amen.
The Dismissal

Blessing

President

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All

Amen.

Go in the peace of Christ.

All

Thanks be to God.

Music after the service

Ave maris stella
Nicolas de Grigny

recorded by the Organist
Steven Grahl
During these difficult times, please be assured that the prayers of the clergy and people of Christ Church continue. Please let us know if we can pray for you, or if you need our support. You are warmly invited to continue to participate in our community worship, prayer and spiritual life, whether you are a longstanding member of our congregations or new to us. You can find resources for prayer and contact details at:

www.chch.ox.ac.uk/onlineworship
www.chch.ox.ac.uk/cathedralblog
@chchcathedralox

Online worship resources from Christ Church Cathedral

The Cathedral blog contains an archive of sermons and services, alongside a daily reflection on a Psalm and a weekly reflection on a piece of music. On Sundays, there is a weekly recorded service available at 9am and an additional standalone sermon by one of the canons, on the readings of the day, available at www.chch.ox.ac.uk/onlineworship where you can also download a booklet of prayers for use at home, a recording of Compline, and other resources.
Prayer for the Week

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.
Amen.

Blessed Frideswide, pray for us. May all the saints pray for us.

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